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# Analysis of sodium-23 nuclear magnetic resonance spin–lattice relaxation for the study of the intracellular sodium state

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## Abstract

Sodium-23 Nuclear Magnetic Resonance relaxation spectroscopy has been used to investigate the state of intracellular  $\text{Na}^+$  in control and  $\text{CCl}_4$ -treated rat livers. The analysis of spin–lattice relaxation rates at 1.88 and 7.07 Tesla based on a two-site exchange model led to estimates of pertinent modulation times. Also it has been found that a relatively high quantity of  $\text{Na}^+$  ( $P_B = 1.59 \times 10^{-2}$ ) is bound to charged sites of intracellular macromolecules or membranes. The degree of binding strongly decreases in  $\text{CCl}_4$  treated rat livers.

**Keywords:** Sodium-23 NMR; Spin–lattice relaxation; Intracellular sodium state

## 1. Introduction

It is well known that  $\text{Na}^+$  ions play a fundamental role in a variety of vital cell functions. Among the methods employed to gather information on this matter, the  $^{23}\text{Na}$  Nuclear Magnetic Resonance technique is gaining increasing attention due to the use of the chemical shift reagent dysprosium(III) tripolyphosphate  $\text{Dy}(\text{PPP})_2^{7-}$ , which separates the intracellular and the extracellular  $^{23}\text{Na}$  signals [1–6].

Recently, particular attention has been addressed to the investigation of “free” and “bound” sodium ions inside a biological cell and the  $^{23}\text{Na}$  NMR relaxation spectroscopy has been used successfully to this aim [6–8]. However, both the complexity of the biological systems and the theory of the relaxation spectroscopy of  $3/2$  spin nuclei has strongly limited the information obtained from the analysis of the spin–lattice  $T_1$  and spin–spin  $T_2$  relaxation times [6,8]. In particular,  $T_2$  data give the greatest difficulties of anal-

ysis since it was found in a number of cellular systems that the spin-spin relaxation mechanism is generally described by complex exponential decay; on the other hand the spin-lattice relaxation can be described in terms of a single exponential decay. The interpretation is made even more difficult when the chemical exchange among a number of binding sites is introduced [9–11].

Following these considerations and in the attempt to overcome partly these overall complexities, we have collected the longitudinal relaxation times  $T_1$  of the intracellular  $^{23}\text{Na}$  of different tissue samples at two magnetic field strengths. Two kinds of cellular systems were investigated, i.e. normal rat livers and  $\text{CCl}_4$ -intoxicated rat livers. The cellular components have different organizations in the two systems and therefore these samples are useful probes for testing the potentiality of the NMR technique to obtain information on the sodium ions inside the cell.

## 2. Materials and methods

### 2.1 Chemicals

*N*-2-hydroxyethylpiperazine-*N'*-2-ethane sulfonic acid (HEPES) was purchased from Sigma. Dysprosium trichloride ( $\text{DyCl}_3$ ) and pentasodium tripolyphosphate ( $\text{PPP}_i$ ) were obtained from Aldrich. Deuterated water ( $\text{D}_2\text{O}$ , 99.75%) was purchased from Carlo Erba. Other chemicals were from Merck.

### 2.2 Buffers

The following isotonic buffer medium was used for the rat livers: 60 mM NaCl, 5 mM HEPES, 2 mM  $\text{MgSO}_4 \cdot 7\text{H}_2\text{O}$ , 1 mM  $\text{CaCl}_2 \cdot 2\text{H}_2\text{O}$ , 1 mM  $\text{Na}_2\text{HPO}_4$ , 5 mM D(+)-glucose with an osmolarity of 295 mosM, pH 7.4.

### 2.3 Rat livers

Male Sprague-Dawley rats (Charles River) weighing 200–250 g, fed on a standard diet (Ditta

Piccioni, Brescia, Italy) and water *ad libitum*, were killed by decapitation. Organs were quickly removed and the portions (300 mg) immersed in an isotonic buffer were used for NMR determinations without further manipulation.

### 2.4 NMR measurements

Sodium-23 spectra of rat livers were recorded on a Varian FT-80-A spectrometer and on a Varian VXR-300 spectrometer at the field strengths of 1.88 and 7.07 Tesla respectively. All measurements were carried out with a broad-band probe at 25°C using 10-mm sample tubes.

The spin-lattice relaxation times were obtained by the inversion recovery method and calculated by a non-linear three-parameter regression with percentage standard errors never greater than 5%.

### 2.5 Shift reagent

The shift reagent was obtained from 0.1 M  $\text{DyCl}_3$  and 0.1 pentasodium tripolyphosphate ( $\text{PPP}_i$ ) in  $\text{D}_2\text{O}$  solution, with a ratio of  $\text{Dy}/\text{PPP}_i = 0.5$ . The complex  $\text{Dy}(\text{PPP}_i)_2^{7-}$  was added to the medium to give a final concentration of 9 mM.

### 2.6 Calculations

The simulation and plotting were done with the mathematical package MATHEMATICA (Mathematica Wolfram Research Inc.).

## 3. Results and discussion

For non-exchanging systems the spin-lattice relaxation mechanism of a  $\frac{3}{2}$  spin nucleus occurs through the quadrupolar interaction of its quadrupole moment and the electric field gradient at its site.

For such a nucleus the spin-lattice relaxation rate is given by [12,13]:

$$(R_1)_q = 0.2r_1 + 0.8r_2 \quad (1)$$

where the fast  $r_1$  and slow  $r_2$  components are given by:

$$r_1 = 0.1(e^2qQ/\hbar)^2(1 + \eta^2/3)\tau_c/(1 + \omega^2\tau_c^2) \quad (2)$$

$$r_2 = 0.1(e^2qQ/\hbar)^2(1 + \eta^2/3)\tau_c/(1 + 4\omega^2\tau_c^2) \quad (3)$$

In these equations  $eQ$  is the quadrupole moment and  $eq$  is the principal component of the field gradient tensor which depends on the electronic environment at the nucleus;  $e^2qQ/\hbar$  is the quadrupole constant which gives the magnitude of the quadrupolar interaction;  $\hbar$  is Planck's constant;  $\eta$  measures the electric field gradient deviation from the axial symmetry, here assumed null;  $\tau_c$  is the correlation time modulating the quadrupolar interaction and  $\omega$  is the angular Larmor frequency.

In the extreme narrowing limit ( $\omega^2\tau_c^2 \ll 1$ ), eqs. (2) and (3) converge to the same form:

$$(R_1)_q = 0.1(e^2qQ/\hbar)^2\tau_c \quad (4)$$

In systems where the spins exchange between two different magnetic sites, one of which, say A, is in the extreme narrowing limit, the appropriate equations can be written as [9]:

$$R_1 = R_{1A} + (P_B/P_A)[0.2/(r_{1B}^{-1} + \tau_B) + 0.8/(r_{2B}^{-1} + \tau_B)] \quad (5)$$

where

$$R_{1A} = 0.2r_{1A} + 0.8r_{2A}$$

and where

$$r_{1A(B)} = 0.4\pi^2\chi_{A(B)}^2\tau_{cA(B)}/(1 + \omega^2\tau_{cA(B)}^2)$$

$$r_{2A(B)} = 0.4\pi^2\chi_{A(B)}^2\tau_{cA(B)}/(1 + 4\omega^2\tau_{cA(B)}^2)$$

$\tau_{cA(B)}$  is the reorientational correlation time at site A(B), and  $P_B$  and  $\tau_B$  are the fractional population and the lifetime of the species at site B respectively.

The spin-lattice relaxation rates of intracellular  $\text{Na}^+$  ions in control and  $\text{CCl}_4$ -treated rat livers have been measured at two magnetic fields and the values are summarized in Table 1. It was

Table 1

Sodium-23 relaxation rates  $R_1$  ( $\text{s}^{-1} \pm \text{S.D.}$ ) for control and  $\text{CCl}_4$ -treated rat livers and relaxation parameters calculated from the two-site exchange model

Parameter	NaCl aqueous solution	Rat liver	
		Control	$\text{CCl}_4$
$R_1$ (1.88 Tesla)	$16.7 \pm 0.2$	$96.1 \pm 3.9$ (6) <sup>a</sup>	$50.8 \pm 1.7$ (4)
$R_1$ (7.07 Tesla)	$16.7 \pm 0.1$	$64.5 \pm 2.1$ (5)	$37.7 \pm 0.7$ (4)
$P_B$		$1.59 \times 10^{-2}$	$0.69 \times 10^{-2}$
$\tau_B$ (s)		$1.5 \times 10^{-4}$	
$\tau_{cA}$ (s)		$1.0 \times 10^{-11}$	
$\tau_{cB}$ (s)		$2.0 \times 10^{-9}$	

<sup>a</sup> Number of cases analysed are indicated in parentheses.

found that the  $R_1$  relaxation rates of both normal and  $\text{CCl}_4$  treated rat livers are frequency dependent.

From Table 1 it is seen that in both systems the quadrupole relaxation rates are much larger than that of free  $\text{Na}^+$  in aqueous solution. Therefore from this observation we infer that binding of  $\text{Na}^+$  to the charged sites of the macromolecules occurs, and accordingly, the two site model was adopted in the following analysis. It is to be pointed out that because of the high structural heterogeneity of these systems the estimates of the relaxation parameters are to be considered as statistical averages.

In general the use of two or more magnetic fields and a fitting procedure between experimental findings and calculated quantities can be of much help in rationalizing relaxation mechanisms. From eq. (5) it is clear that the six parameters determining the observed relaxation rates (i.e.  $\tau_{cA}$ ,  $\chi_A$ ,  $\tau_{cB}$ ,  $\chi_B$ ,  $P_B$  and  $\tau_B$ ) would make the fitting process quite hard unless a sufficient number of experimental data were available or/and a way to reduce the degrees of freedom of the investigated system were possible by making reasonable assumptions or/and exploiting the existence of constraints.

In our case, while the first approach was not feasible, see experimental section, it was still possible making reliable assumptions on the value of some parameters.

If the lowest relaxation rate (i.e. the value observed in  $\text{CCl}_4$  treated rats at 7.07 T) was taken as the upper limit for the free site relaxation rate and if a value of  $\chi_A = 0.66$  MHz (i.e. the value estimated in NaCl solution [6,8] was used in eq. (4), an upper limit  $2 \times 10^{-11}$  s would be derived for  $\tau_{cA}$ .

Further, according to eq. (5), the calculation of  $R_1$  as a function of  $\tau_{cB}$ ,  $\tau_B$ , and  $P_B$  (see caption to Fig. 1 for the investigated range) with  $\chi_B = 1.70$  MHz —this value of the quadrupolar coupling constant has been used in similar cell systems [6,8]—  $\tau_c$  being kept  $\geq 2 \times 10^{-11}$  s, led to  $R_1$  results not matchable with the experimental data, at the two field strengths for both samples. Therefore in the analysis that follows we have

reasonably employed the value  $10^{-11}$  s for  $\tau_{cA}$  and the above reported values for  $\chi_A$  and  $\chi_B$ .

As for the remaining parameters, the study of the dependence of the  $^{23}\text{Na}$  spin-lattice relaxation rate on  $\tau_{cB}$ ,  $P_B$  and  $\tau_B$ , according to eq. (5), can help in clarifying the role of each parameter in the relaxation rate.

Figure 1 gives, as an example, the calculated relaxation rate for three typical exchange times. These plots show that for exchange times greater than  $10^{-2}$  s (Fig. 1-I) the relaxation mechanism is determined by both the relaxation of the “free” site and the chemical exchange, whose weights depend on the fractional population of the “bound” site, and is frequency independent. This is the less favourable situation that can be met in

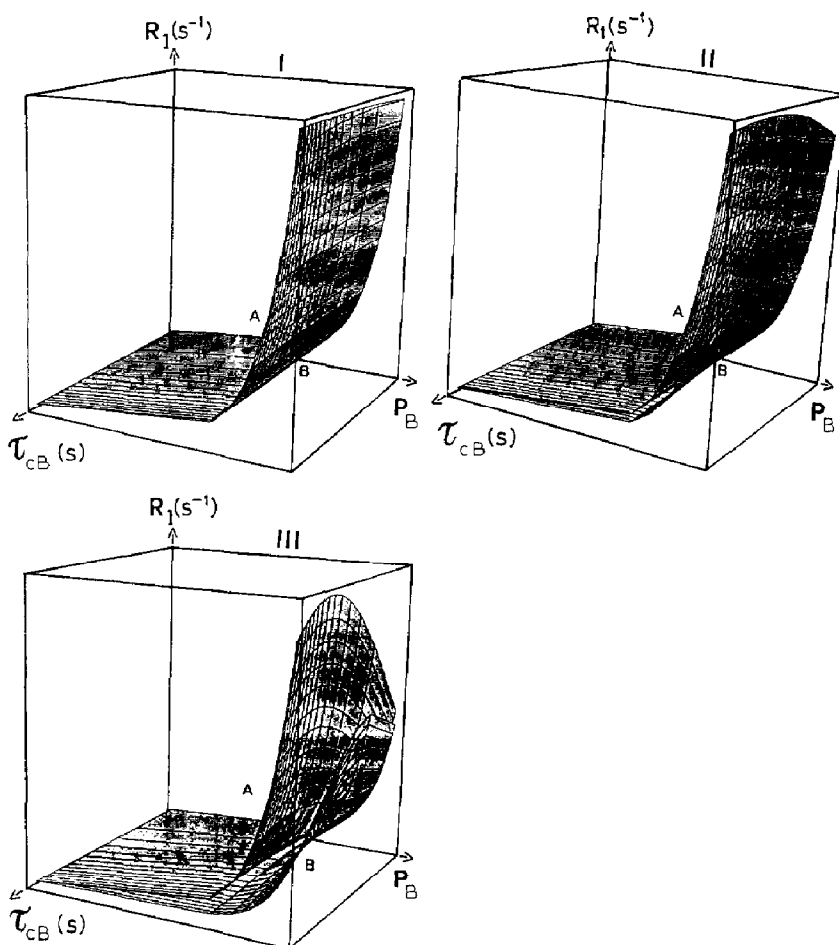


Fig. 1. Sodium-23 spin-lattice relaxation rate as a function of  $\tau_{cB}$  and  $P_B$  at 1.88 Tesla (A) and 7.07 Tesla (B). The following parameters were used:  $\tau_{cA} = 10^{-11}$  s;  $10^{-10} \leq \tau_{cB} \leq 10^{-8}$  s;  $10^{-5} \leq P_B \leq 10^{-2}$ ; (I)  $\tau_B = 10^{-2}$  s; (II)  $\tau_B = 10^{-3}$  s; and (III)  $\tau_B = 10^{-4}$  s.

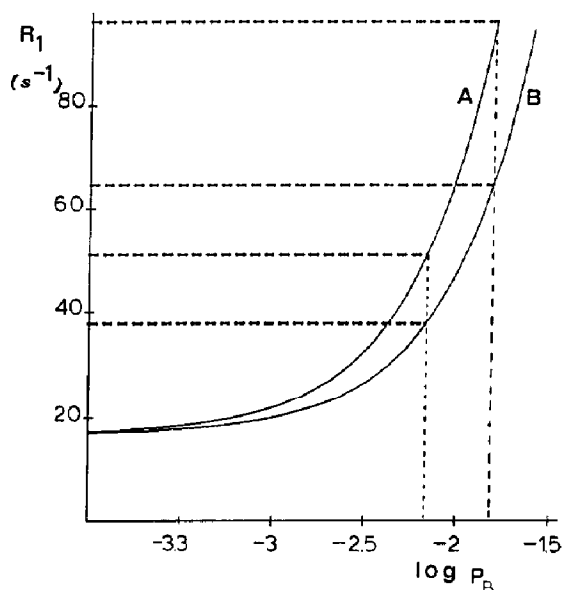


Fig. 2. Sodium-23 spin-lattice relaxation rate as a function of the fractional population  $P_B$  at 1.88 Tesla (A) and 7.07 Tesla (B). The following parameters were used:  $\tau_{cA} = 10^{-11}$  s,  $\tau_{cB} = 2 \times 10^{-9}$  s,  $\tau_B = 1.5 \times 10^{-4}$  s. The upper pair of dashed lines refer to the experimental control values, the bottom pair show  $\text{CCl}_4$ -intoxicated values.

the relaxation. For values of  $\tau_B$  smaller than  $10^{-2}$  s (Figs. 1-II and 1-III), when the relaxation is frequency dependent, information can be obtained on all dynamical parameters and the fraction of bound  $\text{Na}^+$  ions.

Following these results we have calculated  $R_1$  as a function of  $P_B$  (see eq. 5) for values of  $\tau_{cB}$  and  $\tau_B$  in the ranges  $(10^{-10}, 10^{-8})$  and  $(10^{-5}, 10^{-2})$  respectively, (that is we have taken in Fig. 1 sections parallel to the plane  $R_1, P_B$ ) and the estimates were compared to the experimental ones. It was found that matching  $R_1$  pairs calculated at the two fields to those found experimentally could be achieved for the following set of data:  $\tau_B = 1.5 \times 10^{-4}$  s,  $\tau_{cB} = 2 \times 10^{-9}$  s. In particular we found that small deviations of  $\tau_B$  from this value lead to inconsistent values of  $R_1$  no matter what the other parameters were. The high quality of the agreement obtained is well indicated in Fig. 2 while the parameters obtained from the overall simulation are shown in Table 1.

From these data we infer that a significant

quantity of  $\text{Na}^+$  ( $P_B = 1.59 \times 10^{-2}$ ) is bound to the charged sites of the cellular macromolecules or membrane components opposed to what has been found in other biological systems, as for example in red blood cells ( $P_B = 2.5 \times 10^{-3}$ ) [6]. Furthermore, the degree of binding strongly decreases in  $\text{CCl}_4$  intoxicated liver. This result possibly reflects the disruption of the membrane organization induced by the lipid peroxidation [3,4].

Thus we have shown the usefulness of an approach where use is made of a multi frequency relaxation study to investigate the binding of sodium ions in normal and intoxicated liver cells.

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